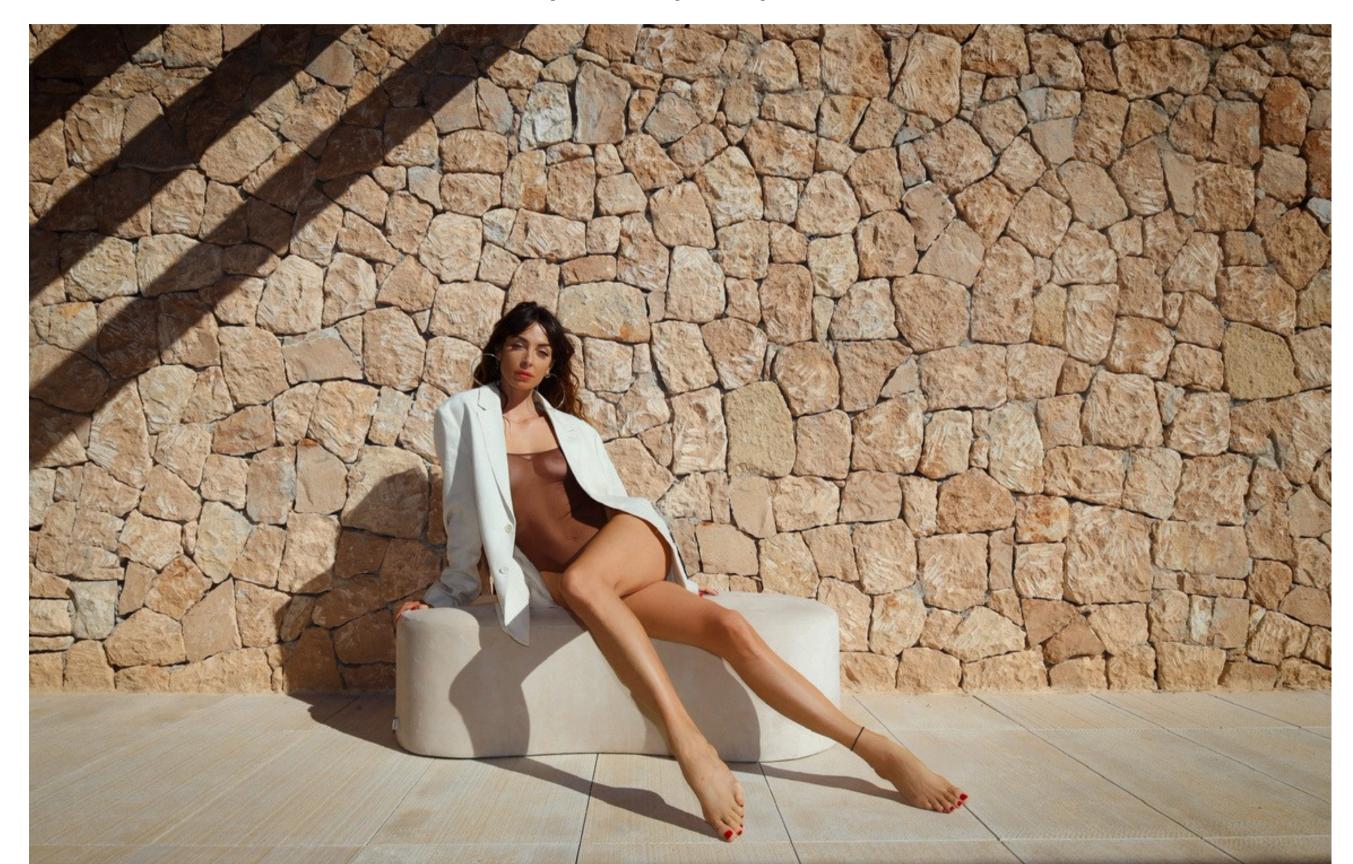
PRIVATE RETREAT By Fanny Veyrac

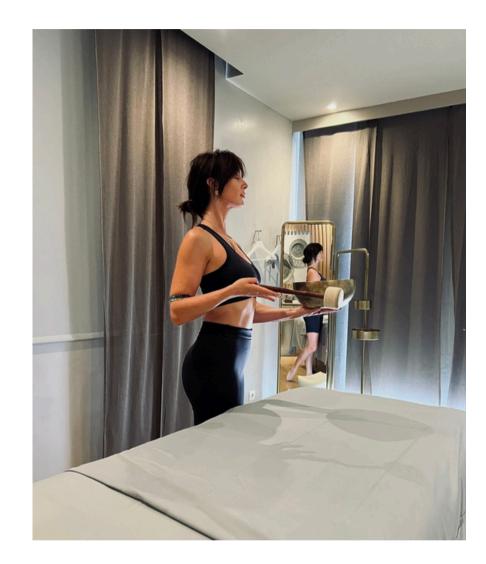


WHO IS FANNY VEYRAC ?



Wellness Master, writer of « Living life - Goddesses » and founder of Maison Rymasté, Fanny Veyrac is a yoga, pilates and stretching teacher, and a certified fluidic osteopath. Fanny and her team offer expertise to your well-being, health and beauty

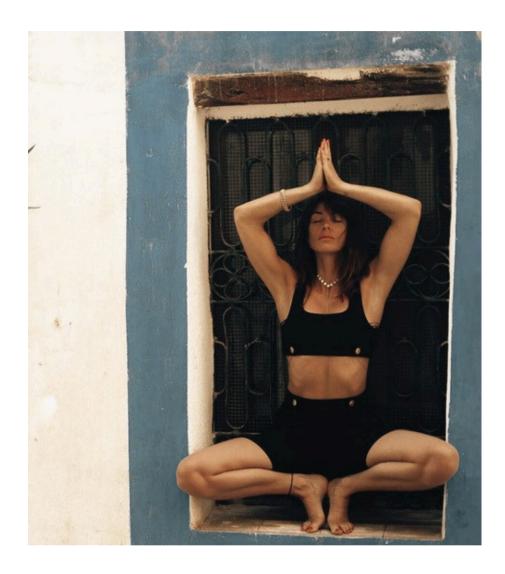
PRIVATE SERVICES



MASSAGE

With the sounds of Tibetan bowls, Rymasté® Treatment combines fluidic osteopathy, deep tissues and stretching to create an intuitive and physical approach to create harmony in the body with immediate results. It is a 3 in 1 method working on postural, tissue and muscle.

Health & Empowerment Private coaching session is designed to empower you with the keys to selfconfidence and practical tips for improving your daily life . The approach is tailored to your unique needs, and get closer from your goals.



Health & Lifestyle COACHING

PRIVATE SERVICES



MINDFULLS MOVEMENTS RYMASTE® Yoga, Pilates & Stretching

A fusion of multiple sports disciplines : Pilates, Posture of Classic Dance, Stretching and Special Méditation to feel your body, work it all with softness and grace.

The objective is aesthetic but also energetic.

Thoses techniques allow to lengthen the silhouette and relax the body, work on the posture and on the muscles in depth, act on the fats. Mindfulls Movements Rymasté® can achieve multiple goals at the same time : physically, emotionally and energetically from the first session.

PHOTO SHOOT

Rediscover yourself and your femininity during a photo shoot with our photographer Alex, directed by Fanny, who, drawing on her experience as a model, will handle the artistic direction and can also offer makeup services. You can also get your hair styled by our hairdresser Alexandra for an additional €70.



PRIVATE RETREAT

After a phone call during which you describe your needs, goals, and budget, Fanny offers you a personalized program.

Whether it's a single session or a full week dedicated to your well-being, Fanny guides you and also offers additional services such as accommodation, childcare, outdoor activities, beauty treatments, and more.

You can choose our classic private retrats or let yourself be guided by the Rymaste team for tailor-made retreats

FOR AN EVENING, A DAY, A WEEKEND, A WEEK, A BACHELORE-TTE PARTY, AN EVENT ...



Would you like to experience the full range of Maison Rymasté services? Discover all our offerings through the Private Retreat, available directly at your home, on your boat, or in a hotel.

A Pack that will allow you to regain your full power by connecting to all your senses.

Vous souhaitez découvrir toute la gamme des services de la Maison Rymasté ? Découvrez toutes nos offres à travers la Retraite Privée, disponible directement à votre domicile, sur votre bateau ou dans un hôtel.

Un Pack qui vous permettra de retrouver toute votre puissance en vous connectant à tous vos sens.



RYMASTE WELLNESS LUXURY CONCIERGE SERVICE

To accompany you during your stay in Ibiza, Rymaste's Team offers various services to enhance your well-being experience

Wellness day in a boat : massage, yoga, private coaching, beauty services, skincare ...

A stay full wellness : sports, yoga, beauty services, massages, private coaching, skin care, chinese medecine, meditation, spiritual ceremony ...

Childcare Parent-child activity Accomadation Hiking

& more

Everything can be custom-made according to your requests.

Maison Rymasté



Fannyveyrac.com





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